

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1stPHASE TIMETABLE (CBME): BATCH 2025

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 MBBS 1stPHASE TIMETABLE (CBME): BATCH 2025
 COLOUR CODE FOLLOWED IN DETAILED COMPETENCY TIMETABLE

PHASE-I Subject-wise teaching hours with color code				
SUBJECT	Large group teaching	SGT/Practicals/Tutorials/ Seminars	SDL	Total
FOUNDATION COURSE				80
ANATOMY	180	430	10	620
PHYSIOLOGY	130	305	10	445
BIOCHEMISTRY	82	157	10	249
EARLY CLINICAL EXPOSURE		27		27
COMMUNITY MEDICINE	20	20		40
FAMILY ADOPTION PROGRAM		24		24
AETCOM	-	26		26
SPORTS & EXTRA CURRICULAR ACTIVITIES				10
TOTAL	412	989	30	1521

TOPICS for integrated learning:

Anemia, IHD, Diabetes, Hypertension, Thyroid diseases, TB

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Week 1

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Week 2

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 LUNCH	2-4 pm	4-5 pm
Monday	29/09/25	PD & ethics: Disability competencies: 4.5.1,5.2,5.3,5.4: CM		Pd & ethics: How to give Feedback And Reflections (Interactive Lecture Session): Dr. Mohammad Iqbal (CC)		L U N C H	PD & ethics: Significance of working in a health care team. Group Dynamics: MEU	Sports/Yoga
Tuesday	30/09/25	COM: 1. National Health goals and policies/ health Care systems/ community health. 2. Interactions with patients and families, Communities: CM					Extracurricular activity Anatomy	
Wednesday	01/10/25							
Thursday	02/10/25							
Friday	03/10/25	PD & ethics: -Understand the role of mentoring. -Importance of interpersonal relationship while working in a health care team: Dr. Ghulam Mohammad(MEU)		PD & ethics: importance of interpersonal relationship while working in a health care team Dr. Javed Khan (MEU)		L U N C H	Language and computer skills	
Saturday	04/10/25	Use of information technology, online resources & AI in medical education. Dr. Javed Khan (MEU)		PD & ethics: Stress management and time management: Psychiatry			Sports/Yoga	
Sunday	05/10/25							

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Week 3

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm LUNCH	2-4 pm	4-5 pm	5-6 pm	
Monday	06/10/25	SM: Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations: CM		PD & ethics: Disability competencies: 4.5.5,5.6,5.7,5.8: CM		L U N C H	SM: First Aid Basics, Injury Emergencies (Bleeding, Bandaging, Burns, • Electrical Injuries) Environmental Emergencies (Bites and stings, • heat cramps) Emphasis on Do's and Don'ts in each category: Surgery	Sports/ Yoga		
Tuesday	07/10/25	SM: Significance of documentation in patient care and the proper method of documentation: Forensic medicine		SM: Infection Control Practices – Hand washing, Decontamination, Use of PPEs: Microbiology			Language and computer skills			
Wednesday	08/10/25	Clinico-laboratory communication: Microbiology		Extracurricular activity: Student debate Physiology			Extracurricular activity: Student debate (contd...)		Reflections of students on foundation week. CONCLUSION of FC. Dr. Javed Khan (MEU)	
Thursday	09/10/25	AN 1.1 normal anatomical position, various planes, relatn comparison, laterality & movements [SGT]	BC 1.1 Molecular and functional organisation of cell [GT]	Introduction to Physiology [LGT]	AN 4.1, 4.2,4.3,4.4,4.5 Skin & fascia SGT		Batch-A Intro to Lab & Table allotment Batch-B (tutorial) [P-DOAP]	BC 14.1 safe lab practices & biomedical waste management [B-SGT]	AN 82.1 Procedure to show handling of cadavers SGT	AN 1.1 Tutorial SGT
Friday	10/10/25	CM 1.1 Concepts of Public Health [SGT]	AN 1.2, 2.1, 2.2, 2.3,2.4 bone and cartilage SGT	PY1.1-I Str &func of cell, ic comm and their applications in Cl care and research [SGT]	AN 65.1 Intro to histology SGT		Batch-B Intro to Lab & Table allotment Batch-C (tutorial) [P-DOAP]	BC 14.1 safe lab practices & biomedical waste management [B-SGT]	AN 8.1 Introduction to Osteology SGT	AN 1.1 Tutorial SGT
Saturday	11/10/25	AETCOM Module 1.5- Anatomy [SGT]		Batch-B Intro to Lab & Table allotment Batch-C (tutorial) [P-DOAP]	BC 14.1 safe lab practices & biomedic al waste manage ment [B-SGT]					
Sunday	12/10/25									

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Week 4

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm
Monday	13/10/25	ECE ANATOMY PARENTRAL INJECTIONS			AN 73.1 Chromosomes SGT	L U N C H	AN 1.1 Dissection- Principles of anatomy		CM 1.1 Concepts of Public Health [SGT]	PY Tutorial
Tuesday	14/10/25	AN 6.1-6.3 Lymphatic system LGT	PY1.1-II Str & func of cell, ic comm and their applications in CI care and research [SGT]	BC 1.1 Sub Cellular components and composition & functions [LGT]	AN 7.1-7.8 Central Nervous System LGT		AN 1.1 Dissection- Principles of anatomy		PY1.3 apoptosis (programmed cell death), mechanism of action & physiological significance (V. Int. PA) [SGT]	
Wednesday	15/10/25	AN 3.1-3.3 Muscle LGT	BC 1.1 Biological Membranes [SGT/ SDL]	AN 5.1-5.8 Cardiovascular system LGT	PY1.1-III Str & func of cell, ic comm and their applications in CI care and research [SGT]		AN 1.1 Dissection- Principles of anatomy		PY 2.2 origin, frms, varitns&func of pl. proteins & cl implcatns (H. Int. BC) [LGT]	PY Tutorial
Thursday	16/10/25	FIELD VISIT 1 FAMILY ADOPTION PROGRAM					Batch-A Microscope and its working Batch-B (tutorial) [P- DOAP]	BC. 14.1 Commonly used Equipments/ techniques in Biochemistry [SGT]	AN 4.1, 4.2,4.3,4.4,4.5 Skin & fascia LGT	AN 7.1-7.5 Tutorial SGT
Friday	17/10/25	PY 1.5-I fluid comp.ofbody,ioniccomp.& mmt methods (H. Int. BC) [LGT]	AN 65.1-65.2 Introduction to epithelium LGT	BC 2.1 Fundamental concepts of enzymes, coenzymes, isoenzymes, coenzymes [LGT]	AN 76.1-76.2 Embryology introduction SGT	L U N C H	Batch-B Microscope and its working Batch-C (tutorial) [P- DOAP]	BC. 14.1 Commonly used Equipments/ techniques in Biochemistry [SGT]	AN 75.1, 75.2, 75.3, 75.4, 75.5 Chr abrasions & cl genetics SGT	AN 7.1-7.5 Tutorial SGT
Saturday	18/10/25	AETCOM Module 1.5- Anatomy [SGT]		Batch-C Microscope and its working Batch-A (tutorial) [P-DOAP]	BC. 14.1 Commonly used Equipments/ techniques in Biochemistry [SGT]					
Sunday	19/10/25									

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Week 5

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	20/10/25	AN 70.1 Histology-Glands LGT	PY1.5-II fluid comp.ofbody,ionicco mp.& mmt methods (H. Int. BC) [LGT]	AN 9.1 Introduction to upper limb SGT	BC 2.1 Main classes of Enzymes IUBMB[LGT]	L U N C H	AN 9.1 Dissection – Introduction to upper limb Histology	PY2.1 composition and functions of blood and its components [SGT]	
Tuesday	21/10/25								
Wednesday	22/10/25	AN 7.1 -7.5 Tutorial SGT	AN 9.1 Introduction to upper limb -Pectoral region SGT	PY1.4-I transport mechanisms across cell membranes [LGT]	AN 8.2 Osteology of upper limb SGT	L	AN 9.1 Dissection – Introduction to upper limb Histology	PY 1.2 principles of homeostasis [LGT]	
Thursday	23/10/25	AN 77.1 -77.6 Embryology: First Week of Human Development I LGT	BC 2.2 Basic principles of enzyme activity	AN 9.2 Mammary gland LGT	PY1.4-II transport mechanisms across cell membranes [LGT]	U N	Batch A PBF Batch- B (Tutorial) [P- DOAP]	BC 14.2 Estimation of Ph - Ph meter/ ABG analyzer & result interpretation [SGT]	AN 8.2 Osteology of upper limb SGT
Friday	24/10/25	AETCOM Module 1.1- Biochemistry [SGT]		PY1.4-III transport mechanisms across cell membranes [LGT]	AN2.5, 2.6 Joints SGT	C	Batch B PBF Batch- C (Tutorial) [P- DOAP]	BC 14.2 Estimation of Ph- Ph meter/ ABG analyzer & result interpretation [SGT]	AN 66.1-66.2 Histology: connective Tissue I LGT
Saturday	25/10/25	CM 1.2 Concept of Holistic Health [CM-SGT]	AN 74.1,74.2,74.3, 74.4 Pattern of inheritance LGT	Batch C PBF Batch- A (Tutorial) [P-DOAP]	BC 14.2 Estimation of Ph- Ph meter/ABG analyzer & result interpretation [SGT]	H	SPORTS/YOGA/EXTRACURRICULAR ACTIVITIES		
Sunday	26/10/25								

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Week 6

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Week 7

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm
Monday	03/11/25	BC 2.3 Enzyme Inhibition Types-II [LGT]	AN 10.3, 10.5 Brachial plexus 2 LGT	(AITo-Anemia) PY 2.5- I anaemias, polycythemia&jaundiceand physiol. Princip. of mx(H-Int. BC) (V-int. PA) [LGT]	AN 10.10-10.11 Scapular Region LGT	L U	Dissection –AN 10.1, 10.2, 10.4, 10.7, 10.13 Axilla and Brachial Plexus Histology		BC 3.1 Structural Carbohydrates-Structure and Function [LGT]	
Tuesday	04/11/25	AN 8.3 Osteology of upper limb SGT	BC 3.1 Storage Carbohydrates (Starch/ Glycogen) polysaccharides [LGT]	AN 10.12 Shoulder joint 2 LGT	AITo-Anemia) PY2.5- II anaemias, polycythemia& jaundice & physiol. principles of mx(H-Int. BC) (V-int. PA) [SGT]	N C H	Dissection –AN 10.1, 10.2, 10.4, 10.7, 10.13 Axilla and Brachial Plexus Histology		PY2.4 Tutorial [P-SGT]	PY2.4 Tutorial [P-SGT]
Wednesday	05/11/25									
Thursday	06/11/25	PY1.7- I mol. basis of resting memb. potential (RMP) [LGT]	AN 77.1 -77.6 Embryology: First Week of Human Development III LGT	(AITo-Anemia) PY2.5- III anaemias, polycythemia& jaundice and physiol. Princip. of mx(H-Int. BC) (V-int. PA) [SGT]	AN 8.3 Osteology of upper limb: SGT	L U	Batch A PY 2.11 TLC Batch- B (Tutorial) (V-int. PA) [P-DOAP]	BC 14.4-14.4 Urine Analysis-II [DOAP]	CM 1.2 Concept of Holistic Health [CM-LECTURE]	AN 78.4 Tutorial SGT
Friday	07/11/25	ECE PHYSIOLOGY Myasthenia Gravis and other myopathies			PY1.7- II generation of action potential in a nerve fibre [LGT]	N	Batch B PY 2.11 TLC Batch- C (Tutorial) (V-int. PA) [P-DOAP]	BC 14.4-14.4 Urine Analysis-II [DOAP]	AN 10.6 Tutorial SGT	AN 78.4 Tutorial SGT
Saturday	08/11/25	PY3.1- I Str.&fxn of a neuron & neuroglia; nerve growth factors [LGT]	AN 8.3 Osteology of upper limb SGT	Batch C PY 2.11 TLC Batch- A (Tutorial) (V-int. PA) [P-DOAP]	BC 14.4-14.4 Urine Analysis-II [DOAP]	C H				
Sunday	09/11/25									

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Week 8

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm
Monday	10/11/25	PY 2.5 Tutorial [P-SGT]	PY2.6 formation of WBC str.&fxn of various WBC types & their regul. Mech. [SGT]	AN 10.8, 10.9 Scapular Region I LGT	BC 3.1 Heteropolysaccharides [LGT/ SGT]	L U N C H	Dissection –AN 10.8-10.12 Back and Scapular region and shoulder joint Histology Batch A		PY 1.7 Tutorial [P-SGT]	PY 1.7 Tutorial [P-SGT]
Tuesday	11/11/25	BC 2.3 Role of enzymes as inhibitors, therapeutic agents [SGT/ Case Discussions]	AN 10.8, 10.9 Scapular Region II LGT	PY3.1 II Str.&fxn of a neuron & neuroglia; nerve growth factors [LGT]	AN 78.1-78.5 Embryology -2 nd week of development SGT		Dissection –AN 10.8-10.12 Back and Scapular region and shoulder joint Histology Batch B		CIA –Practicals I BC14.1 & BC 14.2	
Wednesday	12/11/25	AN 8.3 Osteology of upper limb SGT	PY2.7- I 'Immunity', its types, development, regul.& Physiol.significance [SGT]	AN 67.1-67.3 Histology- muscular tissue I LGT	PY3.2- I types, fxns, properties of nerve fibers, strength duration curve, [LGT]		Dissection –AN 10.8-10.12 Back and Scapular region and shoulder joint Histology Batch C		PY 2.6 Tutorial [P-SGT]	PY 2.6 Tutorial [P-SGT]
Thursday	13/11/25	FIELD VISIT 3 FAMILY ADOPTION PROGRAM					Batch A PY 2.11 TEC Batch- B(Tutorial) (V- int. PA) [P- DOAP	BC 14.6 principles of spectrophotometry & colorimetry [SGT]	Contents of cubital fossa-I SDL	AN 10.5- 10.6 Tutorial SGT
Friday	14/11/25	CM 1.3 Concepts of Disease [CM- LECTURE]	AN 11.1-11.4 Gross Anatomy Arm LGT	PY2.7- II 'Immunity, its types, development, regul.& Physiol.Significance [SGT]	AN 79.1-79.6 Embryology -3rd week of development I LGT	L U N C H	Batch B PY 2.11 TEC Batch- C (Tutorial) (V-int. PA) [P-DOAP	BC 14.6 principles of spectrophotometry & colorimetry [SGT]	AN 79.1-79.8 Tutorial SGT	AN 10.5- 10.6 Tutorial SGT
Saturday	15/11/25	AN 79.1-79.8 Tutorial SGT	PY3.2- II types, fxns, properties of nerve fibers incl. strength duration curve, chronaxie [LGT]	Batch C PY 2.11 TEC Batch- A (Tutorial) (V-int. PA) [P-DOAP	BC 14.6 principles of spectrophotometry & colorimetry [SGT]					
Sunday	16/11/25									

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Week 9

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	17/11/25	AN 8.4 osteology of upper limb SGT	PY 2.8 formtn of platelts (thrmboiposis), str, funct&variatsns. [LGT]	BC 3.1 Mucopolysaccharides [LGT/ SGT]	AN 11.5 Cubital fossa LGT	L U N C H	AN 11.1-11.6 ,13.3 Dissection: Arm and cubital fossa and elbow joint Histology Batch A	BC 2.4 Clinical utility of enzymes in labs and their uses as markers in clinical conditions [SGT/ FCR]	
Tuesday	18/11/25	PY 3.1 Tutorial [P-SGT]	AN 13.3, 11.6 Elbow joint and Anastomosis LGT	PY 2.9- I hemostasis, &coagulation pathways, (V-int. PA) [SGT]	AN 79.1-79.6 Embryology -3 rd week of development II LGT		AN 11.1-11.6 ,13.3 Dissection: Arm and cubital fossa and elbow joint Histology Batch B	PY 3.2 Tutorial [P-SGT]	PY 3.2 Tutorial [P-SGT]
Wednesday	19/11/25	PY 2.7 Tutorial [P-SGT]	PY 3.3 Nerve injrymech.ofdegen& regen in peripheral nerves (V. Int. IM) [LGT]	AN 12.1-12.2 Front of ForeArm LGT	BC 4.1 Classes of lipids/Structure/Functions/ [LGT]		AN 11.1-11.6 ,13.3 Dissection: Arm and cubital fossa and elbow joint Histology Batch C	BC 2.5 Enzymes in various disorders [SGT/ Case Studies]	
Thursday	20/11/25	AN 13.7 Surface Anatomy of Upper Limb SGT	CM 4.3 Concepts of effective health promotion [CM- LECTURE]	PY 2.9- II mech of actn of anticoaglns&pathophys aspects of bleeding & clotting disorders [LGT]	An 12.11-12.12 Back of forearm LGT		Batch A PY 2.11 Hb estimation Batch- B (Tutorial) (V-int. PA) [P-DOAP]	BC 14.7 quantitative estimation of glucose [DOAP]	AN 10.5-10.6 Tutorial SGT
Friday	21/11/25	AN 13.5 Radiological anatomy of upper limb SGT	BC 3.2 Digestion, Absorption, assimilation of carbohydrates [SGT/ SDL]	AN 71.1 Histology cartilage LGT	PY 3.4 Micro. structure ofNMJ& mech of Neuromusc transmission (V. Int. AS) [LGT]		Batch B PY 2.11 Hb estimation Batch- C (Tutorial) (V-int. PA) [P-DOAP]	BC 14.7 quantitative estimation of glucose [DOAP]	AN 10.5-10.6 Tutorial SGT
Saturday	22/11/25	BC 4.1 phospholipids- Structure, functions and Clinical Applications [LGT/SGT]	AN 13.8,20.10 Embryology of skeletal system/ Limbs LGT	Batch C PY 2.11 Hb estimation Batch- A (Tutorial) (V-int. PA) [P-DOAP]	BC 14.7 quantitative estimation of glucose [DOAP]		SPORTS/YOGA/EXTRACURRICULAR ACTIVITIES		
Sunday	23/11/25								

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Week 10

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm	
Monday	24/11/25	PY 2.8 Tutorial [P-SGT]	AN 71.1 Histology- Bone LGT	BC 3.3 Glycolysis- its regulation and disorders [LGT/ FCR]	PY 2.10 blood groups, cl.imptnc of blood grouping, blood banking & transfusion (V-int. PA) [SGT]	L U N C H	AN 12.1, 12.2,13.5-13.5 Dissection: forearm and elbow joint Histology Batch A		BC 4.1 Sphingolipids- Structure, functions and clinical applications [LGT/ SGT]	BC 4.1 Sphingolipids- Structure, functions and clinical applications [LGT/ SGT]	
Tuesday	25/11/25	AN 13.3-13.4 Other joints of upper limb SGT	PY 3.5 apliedaspcts of NMJ:mysthnia gravis, Lambert Eaton syndrome & NMJ blocking agents (V-Int. PH, AS, PA) [SGT]	AN 80.1-80.7 Embryology Placenta and Fetal membranes I LGT	BC Digestion, absorption and associated disorders of lipids [SGT/ SDL] [LGT]		AN 12.1, 12.2,13.5-13.5 Dissection: forearm and elbow joint Histology Batch B		PY 3.6 types of muscle fibres, their structure (H.int AN)]		
Wednesday	26/11/25	BC 3.3 Gluconeogenesis- regulation and disorders [LGT/ FCR]	AN 10.4,11.3 Veins and lymphatics of upper limb SGT	PY 3.6.PY 3.7 properties, action potential and molecular basis of muscle contraction in skeletal muscle [SGT]	AN 70.1, 70.2 Histology- Lymphoid organs I SGT		AN 12.1, 12.2,13.5-13.5 Dissection: forearm and elbow joint Histology Batch C		PY 3.3 Tutorial [P-SGT]		
Thursday	27/11/25	AN 13.1-13.5 Tutorial SGT	PY 3.7-II molecular basis of muscle contraction in skeletal muscle [SGT]	AN 12.3-12.6 Palm I LGT	PY 3.8 molecular basis of muscle contraction in smooth muscle [LGT]		Batch A PY 2.11 RBC indices Batch- B (Tutorial) [P-DOAP]		BC 14.7 F/R, Blood Glucose, OGTT, HbA1c [DOAP]	CM 1.4 Concept of natural history of disease [CM- LECTURE]	
Friday	28/11/25	PY 3.4 Tutorial [P-SGT]	AN 12.7-12.10, 12.13- 12.15 Palm 2 LGT	PY 3.9-I mode of muscle contraction (isometric and isotonic), [LGT]	AN 70.1,70.2 Histology Lymphoid organs II LGT		Batch B PY 2.11 RBC indices Batch- C (Tutorial) [P-DOAP]		BC 14.7 F/R, Blood Glucose, OGTT, HbA1c [DOAP]	Contents of cubital fossa-II SDL	
Saturday	29/11/25	AN 13.1-13.5 Tutorial SGT	BC 3.3 TCA Cycle –Regulation and disorders [LGT/FCR]	Batch C PY 2.11 RBC indices Batch- A (Tutorial) [P- DOAP]	BC 14.7 F/R, Blood Glucose, OGTT, HbA1c [DOAP]						
Sunday	30/11/25										

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Week 11

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm
Monday	01/12/25	AN 12.5-12.10 Dorsum of hand I LGT	PY 3.9-II energy source, muscle metabolism and gradation of muscular activity (H.int.BC, AN) (V.int. IM) [LGT]	BC 4.3 Fatty Acid Oxidation, regulation and disorders [LGT]	AITo-TB PY 6.1 Funct. anat. of respiratory tract, non-respiratory Func. of lungs (H. Int. AN,V I-PA,PH,MI) [LGT]	L U N C H	AN 12.12-12.15, 12.3-12.12 Dissection: dorsum of hand, palm Histology Batch A		CIA- II Practicals BC 14.3 & BC 14.4	
Tuesday	02/12/25	BC 3.3 Glycogen metabolism-regulation and disorders [SGT/ FCR]	AN 12.5-12.10 Dorsum of hand 2 LGT	AITo-TB PY 6.2-I mechanics of normal respiration, pressure changes during ventilation (H. Int. AN,VI-PA,PH,MI) [SGT]	AN 12.1, 12.2 nerves and vessels of hand LGT		AN 12.12-12.15, 12.3-12.12 Dissection: dorsum of hand, palm Histology Batch B		PY 3.10-I Enumerate & briefly discuss myopathies [P-SGT]	
Wednesday	03/12/25	AETCOM Module 1.1- Biochemistry [SGT]		AN 21.4-21.7 Thoracic wall-muscles, vessels, internal thoracic artery-I LGT	AITo-TB PY 6.2-II lung volume and capacities (Static and Dynamic) (H. Int. AN) [SGT] (H. Int. AN,VI-PA,PH,MI)		AN 12.12-12.15, 12.3-12.12 Dissection: dorsum of hand, palm Histology Batch C		CIA-I Theory Cell and Enzymes BC1/ BC 2.1-2.5	
Thursday	04/12/25	FIELD VISIT 4 FAMILY ADOPTION PROGRAM					Batch A PY 2.11 Blood grouping BT/CT Batch- B (Tutorial) [P-DOAP]	BC 14.8 quantitative estimation of urea [DOAP]	AN 13.1-13.5 Tutorial SGT	
Friday	05/12/25	ECE BIOCHEMISTRY Biochemical Basis and clinical correlations of hyperglycemia in Diabetes Mellitus			AN 21.4-21.7 Thoracic wall- muscles, vessels, internal thoracic artery-II LGT	L U N C H	Batch B PY 2.11 Blood grouping BT/CT Batch- C (Tutorial) [P-DOAP]	BC 14.8 quantitative estimation of urea [DOAP]	AN 13.1-13.5 Tutorial SGT	
Saturday	06/12/25	PY3.9 Tutorial [P-SGT]	CM 1.5 Level of prevention [CM-LECTURE]	Batch C PY 2.11 Blood grouping BT/CT Batch- A (Tutorial) [P-DOAP]	BC 14.8 quantitative estimation of urea [DOAP]		AN TUTORIAL		PY TUTORIAL	
Sunday	07/12/25									

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Week 12

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	08/12/25	AN21.1 Osteology Thorax SGT	BC 3.3 HMP Shunt [LGT/ FCR]	AN 21.8,21.9 & 21.10 Joints & Mechanism of Respiration SGT	AITo-TB PY 6.3-I alveolar surface tension, compliance, airway resistance, ventilation, V/P ratio [SGT] (H. Int. AN,VI-PA,PH,MI)	L U N C H	AN 21.1-21.11 Dissection of Thoracic wall, Dissection of Mediastinum Histology Batch A	PY 3.11 Ergography & work done by sk muscle [DOAP]	
Tuesday	09/12/25	PY 3.9 Tutorial [P-SGT]	AN 24.1 Reflection of - Pleura and Recess LGT	BC 4.3 Alpha-omega oxidation/regulation & disorders	AITo-TB AN 24.6 Anatomy of upper Respiratory tract SGT		AN 21.1-21.11 Dissection of Thoracic wall, Dissection of Mediastinum Histology Batch B	CM 1.5 Level of prevention [CM-LECTURE]	
Wednesday	10/12/25	AN21.1 Osteology Thorax SGT	PY 6.3-II diffusion capacity of lungs [SGT]	AN 72.1 Histology Skin LGT	PY 6.4-I transport of respiratory gases viz Oxygen [SGT]		AN 21.1-21.11 Dissection of Thoracic wall, Dissection of Mediastinum Histology Batch C	PY 3.12 Computer assisted learning: amphibian nerve-muscle & cardiac experiments [DOAP]	
Thursday	11/12/25	PY 6.2 Tutorial [P-SGT]	AN 21.11 Mediastinum & its Subdivisions LGT	PY 6.4-II transport of respiratory gases viz Carbon dioxide [SGT]	AITo-TB AN 24.2, 24.3 Lungs lobes and Broncho - pulmonary segments-I LGT		Batch A PY 2.12 Hematocrit, ESR Batch- B (Tutorial) [P-DOAP]	BC 14.9 Estimation of serum creatinine [DOAP]	AN 81.1-81.3 Prenatal diagnosis SGT
Friday	12/12/25	BC 3.4 Minor pathways of carbohydrate metabolism- regulation and disorders [LGT/SGT]	PY 10.2-I ANS (H. Int AN) [LGT]	AN 80.1-80.7 Embryology Placenta and Fetal membranes 2 LGT	PY 6.5-I chemoreceptors (peripheral and central) and neural centres of respiration[LGT]		Batch A PY 2.12 Hematocrit, ESR Batch- B (Tutorial) [P-DOAP]	BC 14.9 Estimation of serum creatinine [DOAP]	AN 13.1-13.5 Tutorial SGT
Saturday	13/12/25	AETCOM Module 1.2- Physiology [SGT]		Batch A PY 2.12 Hematocrit, ESR Batch- B (Tutorial) [P-DOAP]	BC 14.9 Estimation of serum creatinine [DOAP]		PY TUTORIAL	BC TUTORIAL	
Sunday	14/12/25								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1stPHASE TIMETABLE (CBME): BATCH 2025

Week 13

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm
Monday	15/12/25	AN21.1 Osteology Thorax SGT	BC 4.3 Metabolism of Ketone bodies- regulation and Disorders [LGT/ SGT]	AITo-TB AN 24.2,24.3 Lungs , lobes and Broncho - pulmonary segments II LGT	AITo-TB AN 25.2 Embryology Development of RS – I LGT	L U N C H	AITo-TB AN 24.1-24.6 Dissection of Lung Histology Batch A		BC 5.1 Amino acids- Structure/classification LGT	
Tuesday	16/12/25	PY 6.3 Tutorial [P-SGT]	AN 25.1 , 25.2 Histology of Respiratory tract-I LGT	BC 3.5 Mechanism & significance of glucose homeostasis [SGT]	PY 10.2-II ANS (H. Int AN) [LGT]		AITo-TB AN 24.1-24.6 Dissection of Lung Histology Batch B		FEEDBACK SESSION	
Wednesday	17/12/25	AN 25.2 Embryology Development of RS – 2 LGT	PY 10.2-III ANS (H. Int AN) [LGT]	AN 47.13,47.14 Gross anatomy Diaphragm LGT	BC 4.4 Triglyceride metabolism, regulation and Disorders [LGT/ SGT]		AITo-TB AN 24.1-24.6 Dissection of Lung Histology Batch C		FEEDBACK SESSION	
Thursday	18/12/25	PY 6.4 Tutorial [P-SGT]	AN 22.1 Pericardium & sinuses LGT	PY 6.5-II chemical and neural regulation of respiration [SGT]	AITo-IHD AN 22.2 External features of Heart LGT		Batch A PY 2.12 Osmotic Fragility Batch B (tutorial) [P-DOAP]	CIA-III Practicals BC 14.7/BC 14.19/BC 14.22	FEEDBACK SESSION	
Friday	19/12/25	ECE PHYSIOLOGY COPD			PY 10.2-IV ANS(H. Int AN) [LGT]		Batch B PY 2.12 Osmotic Fragility Batch C (tutorial) [P-DOAP]	CIA-III Practicals BC 14.7/BC 14.19/BC 14.22]	AITo-TB Bronchopulmonary segments -I SDL	
Saturday	20/12/25	BC 4.4 Cholesterol metabolism, regulation, disorders and clinical significance [LGT/ SGT]	AITo-IHD AN 22.2 Internal features of Heart –I SGT	Batch C PY 2.12 Osmotic Fragility Batch A (tutorial) [P-DOAP]	CIA-III Practicals BC 14.7/BC 14.19/BC 14.22		BC TUTORIAL		AN TUTORIAL	
Sunday	21/12/25									

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1st PHASE TIMETABLE (CBME): BATCH 2025

Week 14

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	22/12/25	AITo-IHD AN 22.2 Internal features of Heart –II LGT	BC 4.5 Lipoprotein Metabolism [LGT/ SGT]	AITo-IHD PY 5.1-I functional anatomy of heart including chambers and coronary circulation (H.I-AN,BC, VI-PA,PH,IM,CM) [LGT]	AN 69.1 to 69.3 Histology Blood vessels LGT	L U N C H	AN 22.2 Dissection –Features of heart Histology	PY 10.2 Tutorial [P-SGT]	
Tuesday	23/12/25	PY 6.5 Tutorial [P-SGT]	AITo-IHD AN 22.2 Internal features of Heart –III LGT	AITo-IHD BC 4.5 Lipoprotein-disorders Atherosclerosis risk factors and prevention [B SGT] (H.I-PY,AN, VI PA,PH,IM,CM)	PY 6.6 pathophysiology of dyspnoea, hypoxia,cyanosis etc. [SGT]		AN 22.2 Dissection –Features of heart Histology	BC Tutorial [SGT] BC 4.8 Lipid metabolism disorders	
Wednesday	24/12/25	Terminal 1 Anatomy theory							
Thursday	25/12/25	Terminal 1 Physiology theory							
Friday	26/12/25	Terminal 1 Biochemistry theory							
Saturday	27/12/25	BATCH - A			BATCH - B			BATCH – C	
Sunday	28/12/25								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1st PHASE TIMETABLE (CBME): BATCH 2025

Week 15

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	29/12/25	BATCH - D			BATCH - A			BATCH – B	
Tuesday	30/12/25	BATCH - C			BATCH - D			BATCH – A	
Wednesday	31/12/25	BATCH - B			BATCH - C			BATCH - D	
Thursday	01/01/26	WINTER VACATION							
Friday	02/01/26								
Saturday	03/01/26								
Sunday	04/01/26								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1stPHASE TIMETABLE (CBME): BATCH 2025

Week 16

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	05/01/26	WINTER VACATION							
Tuesday	06/01/26								
Wednesday	07/01/26								
Thursday	08/01/26								
Friday	09/01/26								
Saturday	10/01/26								
Sunday	11/01/26								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1stPHASE TIMETABLE (CBME): BATCH 2025

Week 17

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	12/01/26								
Tuesday	13/01/26								
Wednesday	14/01/26								
Thursday	15/01/26								
Friday	16/01/26								
Saturday	17/01/26	SHAB E MEHRAJ							
Sunday	18/01/26								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1stPHASE TIMETABLE (CBME): BATCH 2025

Week 19

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	26/01/26	Republic day							
Tuesday	27/01/26	AITo-IHD AN 22.4 IHD SGT	CM 18.1 Concepts of International health [CM-LECTURE]	BC 5.3 Digestion & absorption of dietary proteins	AN 44.4 to 44.7 Inguinal canal, Inguinal Hernia-I LGT	L U N C H	AN 44.4-44.7, 47.1-47.4 Dissection - Inguinal canal and Peritoneum Histology	PY 5.2 Tutorial [P-SGT]	
Wednesday	28/01/26	PY 6.11 principles and methods of artificial respiration [DOAP]	AN 23.5 Mediastinum III Sympathetic trunk, lymph nodes, lymphatic drainage of thoracic organs LGT	PY 6.8-II physiology of high altitude and acclimatization [LGT]	BC 4.7 Fatty Liver, Cholelithiasis, obesity [SGT/SDL]		AN 44.4-44.7, 47.1-47.4 Dissection - Inguinal canal and Peritoneum Histology	PY 10.2-I Dysautonomia [SDL]	
Thursday	29/01/26	BC 5.4 Plasma proteins, function and disorders [LGT/ SGT]	PY5.2-II properties of cardiac muscle (H. Int. AN) [LGT]	CM 1.6 Health promotion [CM-SGT]	PY5.3 generation, conduction of cardiac impulse [SGT]		Batch A PY 6.7, 6.10 Spirometry Batch- B (Tutorial) [P-DOAP]	BC 14.11 quantitative estimation of serum protein [DOAP]	AN 25.7 Radiology anatomy of Respiratory system SGT
Friday	30/01/26	AN 44.4 - 44.7 Inguinal canal, Inguinal Hernia-2 LGT	AN 23.1 Mediastinum – IV Esophagus LGT	PY 6.9 physiology of deep-sea diving and decompression sickness [LGT]	AN 25.5, 25.6 Development of Vessels-I LGT		Batch B PY 6.7, 6.10 Spirometry Batch- C (Tutorial) [P-DOAP]	BC 14.10, BC 14.19 Estimation of uric acid [DOAP]	AN 25.9 Surface marking of thorax SGT
Saturday	31/01/26	BC 5.6 Ammonia Metabolism, toxicity and clinical significance [LGT/ SGT]	AN 23.3,23.4 Post. Med -Az Vein. Th Duct. Des. aorta LGT	Batch C PY 6.7, 6.10 Spirometry Batch- A (Tutorial) [P-DOAP]	BC 14.11 quantitative estimation of serum protein [DOAP]		PY TUTORIAL	BC TUTORIAL	
Sunday	01/02/26								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1st PHASE TIMETABLE (CBME): BATCH 2025

Week 20

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GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1stPHASE TIMETABLE (CBME): BATCH 2025

Week 21

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	09/02/26	AN 47.5 Liver SGT	PY5.4-I cardiac cycle-I [LGT]	BC 5.7 Branched Chain Amino Acids-metabolism and disorders [LGT/SGT]	AN 43.3,43.4 Histology GIT (Tooth, Lip, Tongue) LGT	L U N C H	AN 47.5 Dissection of Liver and extra-biliary apparatus Histology Batch A	CIA-IV Practicals BC 14.8/14.9/ 14.10/14.19	
Tuesday	10/02/26	ECE ANATOMY Surgical incisions			AN 47.5-47.7 Extra hepatic biliary apparatus SGT		AN 47.5 Dissection of Liver and extra-biliary apparatus Histology Batch B	BC 5.7 Inborn errors of Amino acid metabolism, newborn screening [SGT/ Case Discussions]	
Wednesday	11/02/26	PY 6.2 Tutorial [P-SGT]	AN 52.4-52.6 Embryology - Development of GIT-I LGT	AN 47.5 Jejunum, ileum and mesentery LGT	PY5.4-II cardiac cycle-I [LGT]		AN 47.5 Dissection of Liver and extra-biliary apparatus Histology Batch C	PY MURMURS-II [SDL]	
Thursday	12/02/26	PY 5.6 Tutorial [P-SGT]	AN 52.1 Histology GIT (Esophagus, Stomach) LGT	PY5.4-III cardiac cycle-I [LGT]	BC 5.5 Cellular & Humoral immunity-Overview [LGT]		Batch A PY 5.14 Record Pulse Batch- B (Tutorial) [P-DOAP]	BC 14.13 BC 14.19 Estimation of serum Bilirubin [DOAP]	AN 53.1 Osteology OF Abdomen SGT
Friday	13/02/26	AN 47.8-47.11 Portal vein SGT	PY5.10-I cardiac output, factors affecting and its regulation. [LGT]	AN 52.4-52.6 Embryology - Development of GIT-2 LGT	CM 1.7 Health Indicators [CM-SGT]		Batch B PY 5.14 Record Pulse Batch- C (Tutorial) [P-DOAP]	BC 14.11 Estimation of Albumin/ AG Ratio [DOAP]	AN 69.1 Tutorial SGT
Saturday	14/02/26	BC 5.5 Immunoglobulins- Structure & functions [LGT]	AN 52.1 Histology GIT (Liver & GB) LGT	Batch C PY 5.14 Record Pulse Batch- A (Tutorial) [P-DOAP]	BC 14.13 BC 14.19 Estimation of serum Bilirubin [DOAP]		AN TUTORIAL	PY TUTORIAL	
Sunday	15/02/26								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1stPHASE TIMETABLE (CBME): BATCH 2025

Week 22

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	16/02/26	PY 5.4-IV generation of heart sounds and Murmur [SGT]	AN 47.5 Pancreas SGT	AN 52.4-52.6 Embryology - Development of GIT- III LGT	BC 5.5 Immunoglobulins- Clinical significance & disorders [LGT/SGT]	L U N C H	AN 47.5 Dissection - Pancreas & spleen Histology Batch A	BC 6.1 ECM- Components & Functions [LGT]	
Tuesday	17/02/26	AETCOM Module 1.2- Physiology [SGT]		PY5.10-II cardiac output, factors affecting and its regulation. [LGT]	AN 47.5 Spleen SGT		AN 47.5 Dissection - Pancreas & spleen Histology Batch B	PY 5.4 Tutorial [P-SGT]	
Wednesday	18/02/26	AN 53.2 Osteology OF Abdomen SGT	AITo-Hypertension PY 5.7-I haemodynamics of circulatory system VI-PA,PH,CM,IM [LGT]	CM 1.7 Health Indicators [CM- LECTURE]	AN 45.1-45.3 , 47.9 Muscles of Post Ab wall IVC. Aorta SGT		AN 47.5 Dissection - Pancreas & spleen Histology Batch C	BC 5.8 Hemoglobin- Structure & Functions [LGT]	
Thursday	19/02/26	AN 52.1 Embryology - Hepato-biliary system and pancreas LGT	BC 6.1 ECM- Components & Functions [LGT]	AN 52.1 Histology GIT - SI LGT	AITo-Hypertension PY 5.7-II haemodynamics of circulatory system VI-PA,PH,CM,IM [LGT]		Batch A PY 5.14 Measurement of BP Batch-B (Tutorial) [P-DOAP]	BC 14.14 Estimation of Calcium [SGT/Demonstration]	AN 53.2 Osteology OF Abdomen SGT
Friday	20/02/26	PY 5.10 Tutorial [P-SGT]	AN 47.5, 47.9 Gross Anatomy: Large intestine, Caecum & appendix, Inferior mesenteric artery SGT	PY5.8-I local and systemic cardiovascular regulatory mechanisms [LGT]	AN 52.6 Embryology rotation of the gut LGT		Batch B PY 5.14 Measurement of BP Batch-C (Tutorial) [P-DOAP]	BC 14.13 BC 14.19 Estimation of serum Bilirubin [DOAP]	AN 52.1 Tutorial SGT
Saturday	21/02/26	BC 6.1 ECM- Components & Functions [LGT]	AN 55.1 Surface anatomy of GIT SGT	Batch C PY 5.14 Measurement of BP Batch- A (Tutorial) [P- DOAP]	BC 14.14 Estimation of Calcium [SGT/Demonstration]		PY TUTORIAL	BC TUTORIAL	
Sunday	22/02/26								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1st PHASE TIMETABLE (CBME): BATCH 2025

Week 23

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	23/02/26	AN 53.2 Osteology OF Abdomen SGT	AETCOM FORMATIVE ASSESSMENT WRITTEN EXAM		AN 52.1 Histology GIT (LI) LGT	L U N C H	AN 52.6 Dissection- large intestines cecum and appendix Histology batch A	Tutorial -ECM	
Tuesday	24/02/26	PY 5.7 Tutorial [P-SGT]	AN 52.7,52.8 Embryology of KUB-I LGT	BC 5.8 Hemoglobin -variants- Structure & Functions [LGT]	AN 48.4 Lumbo-sacral Plexus- I SGT		AN 52.6 Dissection- large intestines cecum and appendix Histology batch B	BC 6.2 ECM- Health & Disease [LGT]	
Wednesday	25/02/26	AN 54.1-54.4 Radiological anatomy of GIT SGT	PY5.8-II local and systemic cardiovascular regulatory mechanisms [LGT]	AN 48.4 Lumbo-sacral Plexus-2 SGT	CM 1.8 Demography [CM-LECTURE]		AN 52.6 Dissection- large intestines cecum and appendix Histology batch C	PY Diabetic ketoacidosis-I [SDL]	
Thursday	26/02/26	PY 5.12 Tutorial [P-SGT]	AN 52.2 Histology Renal 1 (Kidney and Ureter) LGT	AITo-Hypertension PY 5.9, 5.11 heart rate & blood pressure & its regul (V. Int. IM,PH,PA,CM) [LGT]	BC 5.8 Hemoglobinopathies [SGT]		Batch A PY 5.14 Effect of exercise/posture on HR/BP Batch- B (Tutorial) [P- DOAP]	AN 53.2 Osteology OF Abdomen SGT	
Friday	27/02/26	PY 5.4 Tutorial [P-SGT]	BC 6.3 Protein targeting sorting & disorders [LGT]	AN 47.5 Rectum SGT	AITo-IHD PY 5.12-I regional circulation incl coronary circulation, cutaneous circulation etc H.I-AN,BC. VI- PA,PH,CM,IM [LGT]		Batch B PY 5.14 Effect of exercise/posture on HR/BP Batch- C (Tutorial) [P- DOAP]	AN 52.2 Tutorial SGT	
Saturday	28/02/26	AN 48.1 Anal Canal LGT	AITo-IHD PY 5.12-II regional circulation incl coronary circulation, cutaneous circulation etc H.I-AN,BC. VI- PA,PH,CM,IM [LGT]	Batch C PY 5.14 Effect of exercise/posture on HR/BP Batch- A (Tutorial) [P- DOAP]	BC 14.14 Estimation of phosphorus [SGT/Demonstration]		BC TUTORIAL	AN TUTORIAL	
Sunday	01/03/26								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1st PHASE TIMETABLE (CBME): BATCH 2025

Week 24

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	02/03/26	AN 53.2 Osteology OF Abdomen SGT	PY 5.13-I patho-physiol. of shock, syncope heart failure with physiol. basis of its Mx(V. Int. IM) [LGT]	AN 52.2 Histology Renal 2 (Kidney and Ureter) LGT	CM 1.9 Concept of Communication [CM-SGT]		AN 47.5 Dissection of rectum and anal canal Histology Batch A	BC 8.1 Vitamin-classification Overview [LGT]	
Tuesday	03/03/26	PY12.3 cardio-resp.&metab. Adjust.during exercise effects of physical training under diff.Env. Cond.(heat and cold)	AN 54.1-54.4 Radiological anatomy of GIT SGT	PY 5.13-II patho-physiol. of shock, syncope heart failure with physiol. basis of its Mx(V. Int. IM) [LGT]	AN 47.5 Kidney-I SGT	L	AN 47.5 Dissection of rectum and anal canal Histology Batch B	FEEDBACK SESSION	
Wednesday	04/03/26	AN 53.2 Osteology OF Abdomen SGT	BC 5.8 Porphyrin metabolism & disorders	PY7.1 funct. Anat. of kidney & non-excretory funct. of kidney(H.int AN) [LGT]	AN 47.5 Kidney-2 SGT	U	AN 47.5 Dissection of rectum and anal canal Histology Batch C	FEEDBACK SESSION	
Thursday	05/03/26	PY5.9 Tutorial [P-SGT]	BC 7.1 Integration of metabolic processes [LGT]	AN 47.5,48.1 Ureter / KUB SGT	PY7.2 Str.&fxns of juxta glomerular apparatus & role of renin-angiotensin system [LGT]	N C	Batch A PY 12.9 History Taking Batch- B (Tutorial) [P-DOAP]	BC 14.12 Estimation of serum cholesterol [DOAP]	FEEDBACK SESSION
Friday	06/03/26	PY5.8 Tutorial [P-SGT]	AN 48.1 Urinary Bladder SGT	PY 4.1 functional anatomy of digestive system(H.int AN) [LGT]	AN 52.2 Histology Renal (UB, testes) LGT	H	Batch B PY 12.9 History Taking Batch- C (Tutorial) [P-DOAP]	BC 14.14 Estimation of phosphorus [SGT/Demonstration]	AN 52.1 Tutorial SGT
Saturday	07/03/26	AN 54.1-54.5 Radiological anatomy of Renal system SGT	PY 4.2 Gastrointestinal hormones (GI) hormones, their functions and regulation [LGT]	Batch C PY 12.9 History Taking Batch- A (Tutorial) [P-DOAP]	BC 14.12 Estimation of serum cholesterol [DOAP]				
Sunday	08/03/26								

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MBBS 1st PHASE TIMETABLE (CBME): BATCH 2025

Week 25

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	09/03/26	AN 53.2 Osteology OF Abdomen SGT	PY 7.3-I mechanism of urine formation involving processes of filtration [SGT]	BC 7.2 Biological oxidation-ETC	AN 48.1, 48.7 Prostate and urethra SGT	L U N C H	AN 47.5 Dissection- KUB Histology Batch A	PY Diabetic ketoacidosis-II [SDL]	
Tuesday	10/03/26	PY7.1 Tutorial [P-SGT]	AN 52.7,52.8 Embryology of KUB- LGT	PY 4.3 composition, mechanism of secretion, functions, and regulation of saliva(H. Int. BI) [LGT]	Histology Renal (Prostate) LGT		AN 47.5 Dissection- KUB Histology Batch B	BC 7.2 Mitochondria- related disorders [SGT/ Case Discussions]	
Wednesday	11/03/26	PY7.2 Tutorial [P-SGT]	CM 1.10 Concept of Doctor Patient relationship [CM- SGT]	AN43.4 Embryology Pituitary & thyroid gland LGT	PY 4.4-I composition, mechanism of secretion, functions of gastric juice(H. Int. BI) [SGT]		AN 47.5 Dissection- KUB Histology Batch C	PY 5.13 Tutorial [P-SGT]	
Thursday	12/03/26	AN 53.2 Osteology OF Abdomen SGT	BC 7.2 Biological oxidation – Uncouplers/ inhibitors [LGT]	PY 7.3-II mechanism of urine formation involving processes of filtration [LGT]	AN 43.2 Histology of pituitary glands LGT		Batch A PY 12.9 Gen Physical Examination Batch- B (Tutorial) [P- DOAP]	BC 14.15 Estimation of HDL- cholesterol [DOAP]	Diaphragmatic hernias-I SDL
Friday	13/03/26	PY 7.3 Tutorial [P-SGT]	AN 15.1 INTRODUCTION of Lower Limb LGT	BC 8.1 Vitamin-A Biochemical role/ deficiency [LGT]	PY 4.4-II,4.11-I regulation of gastric juice, gastric function tests,peptic ulcer, GERD (H. Int. BI) [LGT]		Batch B PY 12.9 Gen Physical Examination Batch- C (Tutorial) [P- DOAP]	BC 14.12 Estimation of serum cholesterol [DOAP]	Diaphragmatic hernias-II SDL
Saturday	14/03/26	AN 14.1 Osteology of Lower Limb SGT	PY 4.5 Comp., mech. of secre., fxns, & Regul. of pancr. juice etc(H. Int. BI) (V. Int. IM) [LGT]	BC 7.2 Mitochondria- related disorders [SGT/ Case Discussions]	BC 14.15 Estimation of HDL- cholesterol [DOAP]				
Sunday	15/03/26								

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MBBS 1st PHASE TIMETABLE (CBME): BATCH 2025

Week 26

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	16/03/26	AETCOM Module 1.3- Physiology [SGT]		AN 15.1-15.5,20.3 Front of thigh and great saphenous vein 1 LGT	BC 8.1 Vitamin-A Biochemical role/ deficiency [LGT]	L U N C H	AN 45.1 ,47.5 Dissection of post. Abd. Wall, Celiac trunk, Sup mesenteric a. Histology	CIA-III Theory Lipid metabolism	
Tuesday	17/03/26	Shab e qadr							
Wednesday	18/03/26	PY 7.3-III Mech. of urine formation, processes of filtration [SGT]	AN 43.2, 52.1 Histology of Thyroid, parathyroid & Supra renal gland LGT	AN 15.1-15.5,20.3 Front of thigh and great saphenous vein 2 LGT	PY4.6 composition, mech. of secretion, fs, & regulation of intest. juices(H. Int.AN, BC) (V. Int. PA,PH,MI,CM,IM) [LGT]	L U N C H	AN 45.1 ,47.5 Dissection of post. Abd. Wall, Celiac trunk, Sup mesenteric a. Histology	CM 1.10 Concept of Doctor Patient relationship [CM-LECTURE]	
Thursday	19/03/26	navratra							
Friday	20/03/26	Jumat ul vida							
Saturday	21/03/26	Nauroz Eid ul fitr							
Sunday	22/03/26								

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Week 27

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GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1stPHASE TIMETABLE (CBME): BATCH 2025

Week 28

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	30/03/26	PY7.3 Tutorial [P-SGT]	AN 18.1,18.2 Anterior compartment of Leg SGT	PY 4.7-III physiology of digestion and absorption of nutrients(H. Int. BI) [LGT]	AN 19.1-19.4 Back of Leg LGT	L U N C H	AN 15.1-15.5, 16.1-16.5 , 16.6 Dissection - Medial side of Thigh , Back of Thigh and Popliteal Fossa Histology Batch A	BC 9.1 Iron Metabolism, functions, disorders [LGT, Home Assignment]	BC 9.1 Iron Metabolism, functions, disorders [LGT, Home Assignment]
Tuesday	31/03/26	AN 14.1 Osteology of Lower Limb SGT	PY 7.5-I renal regulation of fluid and electrolytes(H. Int. BI) [LGT]	AN 18.5 Dorsum of Foot SGT	PY 4.8 GI movts, its regul.&physiol.signi. Incl. defecation reflex & role of dietary fibres(H. Int. BI) (V. Int. IM) [LGT]		AN 15.1-15.5, 16.1-16.5 , 16.6 Dissection - Medial side of Thigh , Back of Thigh and Popliteal Fossa Histology Batch B	PY7.7 cystometry , normal cystometrogram [P-SGT]	PY4.7 Tutorial [P-SGT]
Wednesday	01/04/26	PY4.11-II vomiting, diarrhoea, constipation, Adynamic ileus, Hirschsprung's disease (V. Int. IM) [LGT]	AN 20.1-20.2 Ankle Joint & Subtalar joint SGT	PY 7.5-II renal regulation of acid- base balance(H. Int. BI) [LGT]	AN 19.5-19.7 Sole of foot- I SGT		AN 15.1-15.5, 16.1-16.5 , 16.6 Dissection - Medial side of Thigh , Back of Thigh and Popliteal Fossa Histology Batch C	CM 9.1 Demography [CM- LECTURE]	BC 8.1 Vitamin related Disorders [SGT]
Thursday	02/04/26	AN 14.1 Osteology of Lower Limb SGT	BC 8.1 Vitamin- B Complex Biochemical role/ deficiency [LGT]	PY 7.5-III renal regulation of acid- base balance(H. Int. BI) [SGT]	AN 19.5-19.7 Sole of foot- II SGT		Batch A PY 6.12 Resp exam. Batch- B (Tutorial) [P- DOAP]	BC 14.15 Estimation of Triglycerides [DOAP]	Femoral triangle SDL
Friday	03/04/26	PY 4.10 Gut-Brain Axis and its physiological significance [LGT]	AN 20.3-20.5 Venous and Lymphatic drainage of Lower Limb LGT	PY7.6 Describe the innervations of urinary bladder, physiology of micturition and its abnormalities [P-SGT]	BC 9.3 Water and electrolyte balance of fluids [LGT/SDL]		Batch B PY 6.12 Resp exam. Batch- C (Tutorial) [P- DOAP]	BC 14.15 Estimation of Triglycerides [DOAP]	AN 15.1-15.5 Tutorial SGT
Saturday	04/04/26	AN 14.1 Osteology of Lower Limb SGT	PY8.1-I Funct.Anat. of endo. glands, [LGT]	Batch C PY 6.12 Resp exam. Batch- A (Tutorial) [P-DOAP]	BC 14.15 Estimation of Triglycerides-cl cases [DOAP]				
Sunday	05/04/26								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1st PHASE TIMETABLE (CBME): BATCH 2025

Week 29

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm	
Monday	06/04/26	AN 14.1 Osteology of Lower Limb SGT	PY8.1-II mech. of hormonal action hypoth-pituitary axis [LGT]	9.3 Water, electrolyte balance- associated derangements [SGT]	AN 19.5-19.7 Arches of foot LGT	L U N C H	AN 18.1. 18.4-18.7 Dissection – knee joint and ant. compartment of Leg Histology Batch A		PY7.8 Renal Function Tests, physio. signi, cli. Imply. of Renal clearance [P-SGT]	PY4.8 Tutorial [P-SGT]	
Tuesday	07/04/26	PY10.1-I funct. Organ. of CNS (brain & spinal cord)(H. Int. AN) [SGT]	CM 9.2 Demography indices [CM-SGT]	AN 20.6 Radiological Anatomy of Lower Limb SGT	PY 8.2 Synthe., secr., transport, physio. actions, Regul. of pituitary [SGT]		AN 18.1. 18.4-18.7 Dissection – knee joint and ant. compartment of Leg Histology Batch B		BC 8.1 Vitamin-B Complex Biochemical role/ deficiency [LGT]	BC 8.1 Vitamin-B Complex Biochemical role/ deficiency [LGT]	
Wednesday	08/04/26	AN 14.1 Osteology of Lower Limb SGT	AN 20.7-20.9 Surface Anatomy of Lower Limb SGT	AETCOM Module 1.3- Physiology [SGT]			AN 18.1. 18.4-18.7 Dissection – knee joint and ant. compartment of Leg Histology Batch C		PY7.9 role of artificial kidneys, dialysis and indications of renal transplant [P-SGT]	PY 7.5 Tutorial [P-SGT]	
Thursday	09/04/26	PY10.1-II functional organization of central nervous system (brain & spinal cord) (H. Int. AN) [LGT]	AITo –Thyroid PY-8.3-I synt, secrn, transport, physiol. actions, regul. of thyroid-LGT (HI-AN,BC, VI- PA,PH,CM,IM,SU)	AN 57.1-57.5 Spinal cord-I SGT	AITo-Thyroid BC 11.1 Organ function test- thyroid and adrenal glands [B-SGT] (HI-AN,PY, VI PA,PH,CM,IM,SU)		Batch A PY 6.13 perfmmt of PEFR in a normal volunteer/simulated environment Batch- B (Tutorial) [P-DOAP]		BC 14.15, BC 14. 19 Clinical Scenarios- lipid Profile [SGT]	AN 26.1 Osteology Head and neck SGT	AN 52.7, 52.8 Tutorial SGT
Friday	10/04/26	AN 26.1 Osteology Head and neck SGT	PY10.1-III functional organization of central nervous system (brain & spinal cord) (H. Int. AN) [LGT]	AITo –Thyroid) PY- 8.3-II synt, secr., transport, physiol. actions, regulation of thyroid(HI-AN,BC, VI- PA,PH,CM,IM,SU) [LGT]	AN 57.1-57.5 Spinal cord-2 SGT		Batch B PY 6.13 perfmmt of PEFR in a normal volunteer/simulated environment Batch- C (Tutorial) [P-DOAP]]		BC 14.15, BC 14. 19 Clinical Scenarios- lipid Profile [SGT]	AITo –Thyroid AN 35.2 , 35.8 Thyroid gland Tutorial SGT	AN 52.7, 52.8 Tutorial SGT
Saturday	11/04/26	PY Sheehan’s syndrome-I [SDL]	AN 64.2, 64.3 Embryology- Development of Spinal cord LGT	Batch C PY 6.13 perfmmt of PEFR in a normal volunteer/simulated environment Batch- A (Tutorial) [P- DOAP]]			BC 14.16, BC 14. 19 Estimation of SGOT [SGT]		SPORTS/YOGA/EXTRACURRICULAR ACTIVITIES		
Sunday	12/04/26										

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1st PHASE TIMETABLE (CBME): BATCH 2025

Week 30

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm
Monday	13/04/26	ECE PHYSIOLOGY Autonomic disorders			AN 58.1,58.2 Medulla-I LGT	L U N C H	AN 20.1, 19.5-19.7 Dissection – Ankle joint and Sole of foot		CIA-IV Theory Metabolism of proteins/ Immunology BC 5.1-5.9 & ECM BC 6.1-6.3	CIA-IV Theory Metabolism of proteins/ Immunology BC 5.1-5.9 & ECM BC 6.1-6.3
Tuesday	14/04/26	Bday BR Ambedker								
Wednesday	15/04/26	baisaki								
Thursday	16/04/26	FIELD VISIT 5 FAMILY ADOPTION PROGRAM					Batch A PY 5.16 CVS exam. Batch- B (Tutorial) [P- DOAP]	BC 14.16, BC 14. 19 Estimation of SGOT [SGT]	CM 9.2 Demography indices [CM- LECTURE	AN52.7 Tutorial SGT
Friday	17/04/26	AETCOM Module 1.3- Physiology [SGT]		AN 58.1,58.2 Medulla-2 LGT	PY 8.5-I Parathyroid gland, physiology of bone and calcium Metabolism [LGT]	L U N C H	Batch B PY 5.16 CVS exam. Batch- C (Tutorial) [P- DOAP]	BC 14.16, BC 14. 19 Estimation of SGOT [SGT]	AN52.7 Tutorial SGT	AN 16.6 Tutorial SGT
Saturday	18/04/26	AN 26.1 Osteology Head and neck SGT	PY 8.5-II Parathyroid gland, physiology of bone and calcium Metabolism [SGT]	Batch C PY 5.16 CVS exam. Batch- A (Tutorial) [P- DOAP]	BC 14.16, BC 14. 19 Estimation of SGPT [SGT]					
Sunday	19/04/26									

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Week 31

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm
Monday	20/04/26	PY Sheehan's syndrome-II [SDL]	AN 59.1-59.4 Pons SGT	AN 64.1 Histology Spinal cord SGT	PY8.4-I synthesis, secretion, transport, physiological actions, regulation adrenal of gland [LGT]	L U N C H	AN 57.1-57.5,64.1 Dissection -Spinal Cord and Brainstem Histology Batch A		BC 10.1 Nucleic acid chemistry & functions [LGT]	BC 10.1 Nucleic acid chemistry & functions [LGT]
Tuesday	21/04/26	AN 61.1-61.3 Mid Brain 1 LGT	BC 12.1 Xenobiotics —overview [LGT/SGT]	PY10.3 neurotransmitters and chemical transmission in the nervous system.[LGT]	AN 61.1-61.3 Mid Brain 2 SGT		AN 57.1-57.5,64.1 Dissection -Spinal Cord and Brainstem Histology Batch B		CIA-V Practicals	CIA-V Practicals
Wednesday	22/04/26	PY10.4 classification, functions and properties of synapse [LGT]	AN 57.1-57.5 Spinal cord-3 LGT	BC 10.2 Purine synthesis [LGT]	PY8.4-II synthesis, secretion, transport, physiological actions, regulation adrenal of gland(H. Int. BI) [LGT]		AN 57.1-57.5,64.1 Dissection -Spinal Cord and Brainstem Histology Batch C		PY 10.4 Tutorial [P-SGT]	PY 10.4 Tutorial [P-SGT]
Thursday	23/04/26	AN 26.1 Osteology Head and neck SGT	BC 12.2 antioxidants in health and disease [LGT/SGT]	AN 57.1-57.5 Spinal cord-4 LGT	PY10.6 classification, functions and properties of receptors [SGT]		PRACTICAL REVISION		BC 14.16, BC 14. 19 Estimation of SGPT [SGT]	Brainstem-I SDL
Friday	24/04/26	Terminal 2: ANATOMY Theory								
Saturday	25/04/26	Terminal 2: Physiology Theory								
Sunday	26/04/26									

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
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Week 32

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	27/04/26	Terminal 2: Biochemistry Theory							
Tuesday	28/04/26	BATCH – A			BATCH - B			BATCH – C	
Wednesday	29/04/26	BATCH – D			BATCH - A			BATCH – B	
Thursday	30/04/26	BATCH – C			BATCH - D			BATCH – A	
Friday	01/05/26	Budh Purnima							
Saturday	02/05/26	BATCH – B			BATCH - C			BATCH - D	
Sunday	03/05/26								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
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Week 33

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1 - 2 p m	2-4 pm	4-5 pm	5-6 pm	
Monday	04/05/26	PY10.5 Discuss the classification, functions and properties of reflex [SGT]	AN 64.2 Embryology- Development of Medulla SGT	BC 10.3 Pyrimidine synthesis –Regulation/ significance/ disorders [LGT SGT]	AN 60.1-60.3 Cerebellum-I LGT	L U N C H	AN 60.1-60.3 Dissection of Cerebellum and fourth ventricle Histology Batch A	FEEDBACK SESSION		
Tuesday	05/05/26	PY10.7- I somatic sensations, ascending tracts, & applied aspects(H. Int. AN) [LGT]	PY10.7 -II somatic sensations, ascending tracts, & applied aspects of sensory system(H. Int. AN) [SGT].	AN 60.1-60.3 Cerebellum-II SGT	(AITo –Diabetes) PY 8.6-I synth, secr., transport, physiol. actions, Regul. of pancreatic gland [LGT] (HI-AN,BC. VI-PA,PH,CM,IM)		AN 60.1-60.3 Dissection of Cerebellum and fourth ventricle Histology Batch B	FEEDBACK SESSION		
Wednesd ay	06/05/26	AETCOM Module 1.4- Anatomy [SGT]		(AITo –Diabetes) PY 8.6-II synth, secr., transport, physiol. actions, Regul. of pancreatic gland [LGT] (HI-AN,BC. VI-PA,PH,CM,IM)	AN 63.1 Fourth Ventricle SGT		AN 60.1-60.3 Dissection of Cerebellum and fourth ventricle Histology Batch C	(AITo –Diabetes)PY12.4 physio consquences of sedentary lifestyle; obesity & metabolic syndrome [SGT]	BC 12.2 antioxi da nt defense systems in body [LGT]	
Thursday	07/05/26	BC 10.4 Replication [LGT/SGT]	PY10.8-I Physiology of pain, pain pathways & its modulation (gate control theory of pain) [SGT]	AN 64.2 Embryology- Development of Midbrain SGT	(AITo –Diabetes)PY 8.6-III effect of altered (hypo and hyper) secretion of pancreatic gland [LGT] (HI-AN,BC. VI-PA,PH,CM,IM)		Batch A PY 4.12 Abd. exam. Batch- B (Tutorial) [P- DOAP]	BC 14.16, BC 14. 19 Estimation of ALP [SGT]	CM 9.3 Sex Ratio [CM-SGT]	(AITo –Diabetes) AN 47.5 Pancreas SGT (Revision)
Friday	08/05/26	AN 26.1 Osteology Head and neck SGT	AN 64.1 Cerebellum & Cerebrum / Histology SGT	(AITo-Diabetes) PY 8.6-IV effect of altered (hypo and hyper) secretion of pancreas [LGT] (HI-AN,BC. VI-PA,PH,CM,IM)	(AITo-Diabetes) BC-3.5,3.6 Diabetes-LGT (HI-AN,PY. VI PA,PH,CM,IM)		Batch B PY 4.12 Abd. exam. Batch- C (Tutorial) [P- DOAP]	BC 14.16, 14. 19 Estim of ALP [SGT] BC 14.16,14.19 Estim of SGPT [SGT]	FEEDBACK SESSION	
Saturday	09/05/26	PY10.8-II Phys of pain, pathwys & modulation (gate control theory of pain) [SGT]	AN 62.2 -Cerebrum I - sulci and gyri LGT	Batch C PY 4.12 Abd. exam. Batch- A (Tutorial) [P-DOAP]	BC 14.16, BC 14. 19 Estimation of ALP [SGT] BC 14.16, BC 14. 19 Estimation of SGPT [SGT]					
Sunday	10/05/26									

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
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Week 34

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm	
Monday	11/05/26	PY10.9 descending tracts , clinical implications [LGT]	BC 10.4 Transcription [LGT/SGT]	AN 62.2 -Cerebrum II - sulci and gyri LGT	PY 9.3 funxnl anatomy of male repr. system, fxns of testis, spermatogenesis &fxns®ul. of testosterone[SGT]	L U N C H	AN 62.2 Dissection of Cerebrum and white matter Histology Batch A	PY 8.7 physiology of Thymus & Pineal Gland [LGT]	PY8.7 Tutorial [P-SGT]	
Tuesday	12/05/26	AN 26.1 Osteology Head and neck SGT	PY 10.9 difference in Upper motor neuron and lower motor neuron lesions [SGT]	AN 62.2 -Cerebrum III - sulci and gyri LGT	AN 64.2 Embryology- Development of Cerebellum SGT		AN 62.2 Dissection of Cerebrum and white matter Histology Batch B	BC 8.5 Overweight/ Obese/ Metabolic Syndrome- Dietary habits, effects and assoc. health risks [LGT/SGT]	BC 8.6 Nutritional importance of foods (including fruits and vegetables) [LGT/ Home Assignment]	
Wednesday	13/05/26	CM 9.4 Concept of Population explosion [CM-LECTURE]	AN 62.2 Cerebrum IV LGT	PY9.4 func. Anat. of female repr. system: fxns of ovary and its hormones ; regulation (HPG axis) [LGT]	AN 64.1 Cerebellum & Cerebrum / Histology SGT		AN 62.2 Dissection of Cerebrum and white matter Histology Batch C	PY OSA-I [SDL]	PY8.6 Tutorial [P-SGT]	
Thursday	14/05/26	ECE BIOCHEMISTRY Decoding GSD: From lab bench to Bedside			PY9.2 puberty: onset, progression, stages; early & delayed puberty. [SGT]		Batch A PY 10.19 CNS exam. Higher func,Sensory Exam. And Motor exam Batch- B (Tutorial) [P-DOAP]	BC 14.17 Body fluids CSF {SGT}	Brainstem-II SDL	AN 32.1 Tutorial SGT
Friday	15/05/26	BC 10.4 translation [LGT/SGT]	AN 63.1,63.2 Lateral Ventricle SGT	PY9.5 menstrual cycle, uterine & ovarian changes, hormonal regulation & its implications [LGT]	AN 62.4 Basal ganglia LGT		Batch B PY 10.19 CNS exam. Higher func,Sensory Exam. And Motor exam Batch- C (Tutorial) [P-DOAP]	BC 14.17 Body fluids CSF {SGT}	AN 64.2 Embryology- Development of Cerebrum SGT	AN 57.5 Tutorial SGT
Saturday	16/05/26	AN 26.1 Osteology Head and neck SGT	PY10.10 spinal cord lesions [LGT]	Batch C PY 10.19 CNS exam. Higher func,Sensory Exam. And Motor exam Batch- A (Tutorial) [P-DOAP]	BC 14.17 Body fluids CSF {SGT}		SPORTS/YOGA/EXTRACURRICULAR ACTIVITIES			
Sunday	17/05/26									

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1st PHASE TIMETABLE (CBME): BATCH 2025

Week 35

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm	
Monday	18/05/26	AN 26.1 Osteology Head and neck SGT	BC 10.5 DNA Repair, Gene Mutations and Associated disorders [LGT/SGT]	PY9.7 physiology of pregnancy, parturition & lactation. (V. Int. OG) [LGT]	AN 62.6 Blood supply of Brain -I LGT	<div>L</div> <div>U</div> <div>N</div> <div>C</div> <div>H</div>	AN 62.4-62.6 Dissection of Basal ganglia and blood supply Histology Batch A		CM 9.5 Concept of population control [CM- SGT]	Tutorial	
Tuesday	19/05/26	PY10.11-I cerebellum, its connections, functions & clinical abnormalities(H. Int. AN) [SGT]	AN 62.6 Blood supply of Brain –2 LGT	AN 62.5 Thalamus SGT	PY9.6 male & female contraceptive methods, rationale of its prescription, side effects & its adv.&disadv(V. Int. OG) [LGT].		AN 62.4-62.6 Dissection of Basal ganglia and blood supply Histology Batch B		PY9.1 sex deter.,differen., abnor., effects of removal of gonads on physio. fxns [P-SGT]	PY9.5,9.7 Tutorial [P-SGT]	
Wednesday	20/05/26	AN 26.1 Osteology Head and neck SGT	PY10.11-II cerebellum, its connections, functions & clinical abnormalities(H. Int. AN) [LGT]	BC 10.5 DNA Repair, Gene Mutations and Associated disorders [LGT/SGT]	AN 62.5 Hypothalamus SGT		AN 62.4-62.6 Dissection of Basal ganglia and blood supply Histology Batch C		CIA 5 Vitamins & Nutrition BC 8.1-8.6 & Minerals, Electrolytes and water- Acid-Base Balance BC 9.1-9.3	CIA 5 Vitamins & Nutrition BC 8.1-8.6 & Minerals, Electrolytes and water- Acid-Base Balance BC 9.1-9.3	
Thursday	21/05/26	PY10.11 -III cerebellum, its connections, functions & clinical abnormalities(H. Int. AN) [LGT]	AN 63.1,63.2 Third Ventricle LGT	AN 62.4 Limbic system SGT	PY9.8 physiological basis of various pregnancy tests(V. Int. OG) [LGT]		Batch A PY 10.19 Reflexes Batch- B (Tutorial) [P-DOAP]		BC 14.18 Estimation of TSH by ELISA [DOAP]	AN 20.3 Tutorial SGT	AN 20.3 Tutorial SGT
Friday	22/05/26	CM 9.7 Concept of Vital statistics [CM-LECTURE]	PY10.11-IV cerebellum, its connections, functions & clinical abnormalities (H. Int. AN) (V. Int. IM) [LGT]	PY9.9 hormonal changes & their effects during perimenopause and menopause [LGT]	BC 10.6 Regulation of Gene Expression [SGT/ SDL]		Batch B PY 10.19 Reflexes Batch- C (Tutorial) [P-DOAP]		BC 14.18 Estimation of TSH by ELISA [DOAP]	AN 26.1 Osteology Head and neck SGT	AN 20.3 Tutorial SGT
Saturday	23/05/26	Urs Shah i Hamdan									
Sunday	24/05/26										

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Week 37

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm	
Monday	01/06/26	AN 26.1 Osteology Head and neck SGT	PY10.13-I maintenance of tone, posture & control of body movements(H. Int. AN) (V. Int. IM) [LGT]	BC 10.7 Molecular Techniques [SGT/FCR]	AN 28.1-28.8 Face – Muscles, Cutaneous nerves & Vessels-III SGT	L U N C H	AN 42.1-42.3, 32.1,32.2 Dissection of Sub-occipital Triangle and Anterior Triangle Histology Batch A	BC 11.2 Reproductive Hormones [SGT/FCR/ Case Studies]	BC 11.2 Reproductive Hormones [SGT/FCR/ Case Studies]	
Tuesday	02/06/26	PY10.13-II maintenance of tone, posture and control of body movements(H. Int. AN) (V. Int. IM) [SGT]	AN 42.1-42.3 Sub-occipital triangle & contents of vertebral canal LGT	seminar/presentation	AN 32.1,32.2 Anterior triangle & its subdivisions I LGT		AN 42.1-42.3, 32.1,32.2 Dissection of Sub-occipital Triangle and Anterior Triangle Histology Batch B	CM 17.2 Concepts of community diagnosis [CM- LECTURE	PY10.12 Tutorial [P-SGT]	
Wednesday	03/06/26	PY10.14 thalamus , its connections, functions and clinilabno.(H. Int. AN) (V. Int. IM) [LGT] .	BC 10.7 Molecular Techniques [SGT/FCR]	AN 32.1,32.2 Anterior triangle &its subdivisions Digastric muscle mylohyoid muscle SGT	PY11.3-I functional anatomy of ear and auditory pathways, [LGT]		AN 42.1-42.3, 32.1,32.2 Dissection of Sub-occipital Triangle and Anterior Triangle Histology Batch C	Seminar/ Presentations	Seminar/ Presentations	
Thursday	04/06/26	ECE ANATOMY Karyotyping and its clinical importance			AN 43.4 Embryology of head and neck SGT		Batch A PY 10.19 Reflexes Batch- B (Tutorial) [P- DOAP]	BC 14.18 Agarose Gel Electrophoresis and Purity of DNA [DOAP]	AN 43.7 Radiological anatomy – head & neck SGT	AN 62.2 Tutorial SGT
Friday	05/06/26	AN 30.1-30.3 Cranial fossae & Dural folds SGT	PY10.15-I hypothalamus & limbic system , its connections, fXns& clinical abnormalities(H. Int. AN) (V. Int. IM) [LGT]	AN 35.1 Deep cervical fascia of neck SGT	PY11.3-II vestibular apparatus and equilibrium [SGT]		Batch B PY 10.19 Reflexes Batch- C (Tutorial) [P- DOAP]	BC 14.18 Agarose Gel Electrophoresis and Purity of DNA [DOAP]	AN 62.2 Tutorial SGT	AN 62.2 Tutorial SGT
Saturday	06/06/26	AN 35.7 Hypoglossal nerve SGT	AN 30.3, 30.4 Dural venous sinuses & cavernous sinus SGT	Batch C PY 10.19 Reflexes Batch- A (Tutorial) [P-DOAP]		BC 14.18 DNA Isolation I [DOAP]				
Sunday	07/06/26									

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Week 38

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm
Monday	08/06/26	CM 17.4 Concepts of policies of health [CM-SGT]	PY10.15-II hypothalamus & limbic system , connections, fx& cli. Abnos(H. Int. AN) (V. Int. IM) [LGT]	BC 13.3 HIV & Biochemical changes in AIDS [LGT/SGT]	AN 43.1 Styloid apparatus & Joints of Neck LGT	L U N C H	AN 30.1-30.4 Dissection of Dural folds, Dural venous sinus AN 33.1-33.5 Dissection of temporal and infratemporal fossa Histology Batch A		PY12.1 physiol. mechanism of temperature regulation [LGT]	PY10.1 2 Tutoria 1 [P-SGT]
Tuesday	09/06/26	PY10.16-I cerebral cortex, its connections, functions & Clinical abnormalities (H. Int. AN) (V. Int. IM) [LGT]	BC 13.3 HIV & Biochemical changes in AIDS [LGT/SGT]	AN 31.1-31.5 Orbit boundaries, contents, extra ocular muscles ophthalmic vessels LGT	PY11.4-I physiology of hearing, pathophysiology of deafness and hearing Tests [SGT]		AN 30.1-30.4 Dissection of Dural folds, Dural venous sinus AN 33.1-33.5 Dissection of temporal and infratemporal fossa Histology Batch B		Seminar/ Presentations	Seminar/ Presentations
Wednesday	10/06/26	AN 33.3-33.5 Temporomandibular Joint & pterygoid venous plexus LGT	AN 43.2, 43.3 Histology of cornea & retina SGT	PY10.16-II cerebral cortex, its connections, functions & Clinical abnormalities (H. Int. AN) (V. Int. IM) [LGT]	AN 31.5 Oculomotor n., Ciliary ganglion -Trochlear N. Abducent n. LGT		AN 30.1-30.4 Dissection of Dural folds, Dural venous sinus AN 33.1-33.5 Dissection of temporal and infratemporal fossa Histology Batch C		PY12.2 adaptation to altered temperature [SGT]	PY 11.3 Tutoria 1 [P-SGT]
Thursday	11/06/26	FIELD VISIT 6 FAMILY ADOPTION PROGRAM					Batch A PY 10.20 CN 1,2 Batch- B (Tutorial) [P-DOAP]	BC 14.5 Paper Chromatography of Amino Acids [SGT/ DOAP]	AN 39.1, 39.2 Tongue SGT	AN 32.1 Tutoria 1 SGT
Friday	12/06/26	AETCOM Module 1.4- Anatomy [SGT]		PY10.16-III cerebral cortex, its connectns, fnx & Clinical abnrmities (H. Int. AN) (V. Int. IM) [SGT]	AN 40.1,40.2, 40.4, 40.5 External and middle Ear SGT	L U N C H	Batch B PY 10.20 CN 1,2 Batch- C (Tutorial) [P-DOAP]	BC 14.5 Paper Chromatography of Amino Acids [SGT/ DOAP]	CM 17.5 Concepts of health care delivery system-I [CM-SGT]	AN 32.1 Tutoria 1 SGT
Saturday	13/06/26	PY10.16-IV cerebral cortex, its connections, functions & Clinical abnormalities(H. Int. AN) (V. Int. IM) [SGT]	AN 40.3 Internal Ear SGT	Batch C PY 10.20 CN 1,2 Batch- A (Tutorial) [P-DOAP]	BC 14.18 Agarose Gel Electrophoresis and Purity of DNA [DOAP]		SPORTS/YOGA/EXTRACURRICULAR ACTIVITIES			
Sunday	14/06/26									

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
MBBS 1st PHASE TIMETABLE (CBME): BATCH 2025

Week 39

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm
Monday	15/06/26	AN 43.3 Histology –Eyelid, lacrimal gland, cochlea & olfactory epit. SGT	PY11.4-II physiology of hearing, pathophysiology of deafness and hearing Test [SGT]	BC 13.4 Alcohol Metabolism- Biochemical Changes and effects [LGT/SDL]	AN 28.6, 28.7 Facial nerve I SGT		AN 34.1,34.2 Dissection- Sagittal section Head & Neck. Histology Batch A		Seminar/ Presentations	Seminar/ Presentation s
Tuesday	16/06/26	PY10.17-I structure and functions of reticular activating system [LGT]	AN 28.9, 28.10 Parotid Gland SGT	BC 13.5 AI in Clinical Biochemistry Lab Practices [SGT/SDL]	PY11.5-I Func. Anat. of eye, visual pathway [LGT]		AN 34.1,34.2 Dissection- Sagittal section Head & Neck. Histology Batch B		PY 11.4 Tutorial [P-SGT]	PY 11.4 Tutorial [P-SGT]
Wednesday	17/06/26	AN 38.1 to 38.3 Larynx SGT	CM 17.5 Concepts of health care delivery system-II [CM-LECTURE]	AN 34.1,34.2, 34.3 Submandibular and sublingual glands [SGT]	PY11.5-II light & pupillary reflex & clin. implication of lesions [SGT]		AN 34.1,34.2 Dissection- Sagittal section Head & Neck. Histology Batch C		CIA-VI Molecular Biology BC 10.1 to BC 10.7	CIA-VI Molecular Biology BC 10.1 to BC 10.7
Thursday	18/06/26	PY10.17-II sleep physiology [SGT]	BC 13.4 Alcohol Metabolism- Biochemical Changes and effects [LGT/SDL]	PY11.6 physiology of image formation, refractive errors & principles of Mx [LGT]	AN 35.2 , 35.8 Deep Structures in the Neck 1- Thyroid gland LGT		Batch A PY 10.20 CN 3,4,6 Batch- B (Tutorial) [P-DOAP]	BC 14.23 BC 14.19 Energy content of different food items [SGT]	CM 4.1 Concepts of health promotion [CM-SGT]	AN 32.1 Tutorial SGT
Friday	19/06/26	AN 33.1 Maxillary Artery LGT	AN 33.1,33.2 mandibular nerve and ganglion LGT	PY10.17-III EEG waveforms during sleep wake cycle [SGT]	AN 35.2, 35.6, 35.5, 35.8 Deep Structures in the Neck 2- Thyroid gland SGT		Batch A PY 10.20 CN 3,4,6 Batch- B (Tutorial) [P-DOAP]	BC 14.23 BC 14.19 Energy content of different food items [SGT]	AN Paranasal air sinuses SGT	AN 32.1 Tutorial SGT
Saturday	20/06/26	PY10.18-I physiological basis of memory, learning [LGT]	AN 36.2-36.3 Pharynx – I SGT	Batch A PY 10.20 CN 3,4,6 Batch- B (Tutorial) [P-DOAP]	BC 14.5 Paper Chromatography of Amino Acids [SGT/ DOAP]					
Sunday	21/06/26	YOGA DAY								

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Week 41

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm
Monday	29/06/26	AN 37.1 to 37.3 Nasal Cavity SGT	PY11.2 physiology of taste sensation and applied aspects [LGT]	AN 35.7 IX cranial nerve, X cranial nerve, Hypoglossal nerve LGT	PY12.6 physiology of aging, role of free radicals and Antioxidants [LGT]	L U N C H	AN 46.1 Dissection of sagittal section of pelvis Histology Batch A		Tutorials Mineral metabolism	Tutorials Mineral metabolism
Tuesday	30/06/26	DNA Repair-case discussions [SGT]	AN 36.2, Palatine tonsil SGT	PY12.7 concept, criteria for diagnosis of Brain death and its Implications LGT]	AN 48.1, 48.2 Pelvic fascia, muscles, pelvic diaphragm tube - Gross anatomy LGT		AN 46.1 Dissection of sagittal section of pelvis Histology Batch B		CM 4.1 Concepts of health promotion [CM- LECTURE]	PY11.4 Tutorial [SGT]
Wednesday	01/07/26	AN 49.3 urogenital diaphragm, gross anatomy LGT	CIA 8 Organ Function Tests & Hormones BC 11.1 to BC 11.2	AN 49.4 Ischio-rectal fossa LGT	PY12.10 Demonstrate Basic Life Support in a simulated environment [DOAP]		AN 46.1 Dissection of sagittal section of pelvis Histology Batch C		Tutorial/SGT	Tutorial/SGT
Thursday	02/07/26	PY11.2 Tutorial [SGT]	AN 48.1 Ovary and fallopian tube LGT	PY12.8-I physiology of yoga and meditation [SGT]	Metabolic disorders- case reports [SGT]		Batch A PY 10.20 CN 9,10,11, 12 Batch- B (Tutorial) [P- DOAP]	CIA [PRACTICALS]	AN 52.8 Development of female Reproductive system LGT	AN 35.1 Tutorial SGT
Friday	03/07/26	CM 4.3 Concepts of effective health promotion [CM-SGT]	PY12.8-II physiology of yoga and meditation [SGT]	Metabolic disorders-case reports [SGT]	AN 48.1 Uterus and its support I LGT		Batch B PY 10.20 CN9,10,11,12 Batch- C (Tutorial) [P- DOAP]	BC 14.20/ BC 14.21 Errors in diagnostic labs and quality control [DOAP] CIA [PRACTICALS]	AN 35.1 Tutorial SGTSS	AN 35.1 Tutorial SGT
Saturday	04/07/26	PY12.5-I physiology of Infancy, [LGT]	AN 48.1 Uterus and its support II LGT	Batch C PY 10.20 CN 9,10,11,12 Batch- A (Tutorial) [P- DOAP]	CIA [PRACTICALS]					
Sunday	05/07/26									

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
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Week 42

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	06/07/26	AN 46.1-46.5 Male external genital organs LGT	CIA 9 Xenobiotic Metabolism, Oxidative Stress etc. BC 12.1 to BC 12.3	PY12.5-II growth charts , [LGT]	AN 48.1 Testis, prostate, seminal vesicle, and vas deferens LGT	L U N C H	AN 46.1 Dissection of sagittal section of pelvis Revision	PY 11.5 Tutorial [P-SGT]	PY 11.5 Tutorial [P-SGT]
Tuesday	07/07/26	PY12.5 Tutorial [P-SGT]	Metabolic disorders-case reports [SGT]	PY12.5 -III Anthrop. assessment of infants [LGT]	AN 35.5 Lymphatic drainage of head & neck LGT		AN 46.1 Dissection of sagittal section of pelvis Revision	Tutorials/SGT	Tutorials/SGT
Wednesday	08/07/26	Preparatory Holiday							
Thursday	09/07/26	Preparatory Holiday							
Friday	10/07/26	Send up: ANATOMY THEORY I							
Saturday	11/07/26	Send up: ANATOMY THEORY II							
Sunday	12/07/26								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
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Week 43

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	13/07/26	Send up: PHYSIOLOGY THEORY I							
Tuesday	14/07/26	Send up: PHYSIOLOGY THEORY II							
Wednesday	15/07/26	SEND UP BIOCHEMISTRY THEORY I							
Thursday	16/07/26	SEND UP BIOCHEMISTRY THEORY II							
Friday	17/07/26	PRACTICAL BATCH A			BATCH B		BATCH C		
Saturday	18/07/26	BATCH D			BATCH A		BATCH B		
Sunday	19/07/26								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
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Week 44

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
Monday	20/07/26	BATCH C		BATCH D		BATCH A			
Tuesday	21/07/26	BATCH B		BATCH C		BATCH D			
Wednesday	22/07/26								
Thursday	23/07/26								
Friday	24/07/26								
Saturday	25/07/26	SEND INTERNAL ASSESSMENT							
Sunday	26/07/26								

GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)
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Week 45 onwards

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
<div>27/07/2026 TO 31/08/2026</div>		<div>UNIVERSITY EXAMINATION</div>							

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